



I GET ANGRY!

Sometimes I get angry because my classmate has taken my favourite coloured pencils and won't give them back, I sometimes insult my little sister because she's broken a toy and I also kick the other children in the park when they take my ball from me.

My mother says that when you get angry with somebody, it's useless to hit, scratch, kick and shout. The best way to solve problems is by speaking, reasoning and turning the anger around, because the rest is what animals do, or very small children! I'm grown up now...





HANDS ARE NOT FOR HITTING

Let's play a game! Imagine that you've been given a lovely big truck and your little sister, who is very naughty, has pulled at it and it's broken into a thousand pieces!

Think about all the many things you could do with your hands instead of hitting her.



After explaining to her that she shouldn't have done it, you can build a fun truck recycling the broken one together.





FINGERS ARE NOT FOR PINCHING

Imagine that you've just finished your collection of favourite picture cards and your cousin has spilt a glass of milk over them.

Instead of pinching her, what could you do with your fingers?



Between the two of you, you could make some pretty clay figures, sell them to your friends and replace the ruined picture cards with the money.

